

The following books will provide an introduction to theatre improvisation:

Free Play: Improvisation in Life and Art (Stephen Nachmanovitch)

Impro: Improvisation and the Theatre (Keith Johnstone)

Improvisation for the Theatre (Viola Spolin)

Yes, And: Lessons from the Second City--How Improvisation Reverses "No, But" Thinking and Improves Creativity and Collaboration (Kelly Leonard and Tom Yorton; Harper Business)